

## TNL Part 3- PRAY

**Review:** Reticular Activating System

**Key Question-** *How can we move closer to loving God and loving our neighbors?*

Naked Truth- Good **Christ followers** are good neighbors!

Neighboring- could simply mean, learning your neighbors name, praying for them, talking with them and even helping them out.

It involves- STAY / PRAY / PLAY / SAY

It is NOT a strategy; it is a WAY of life

### **Life Group activity:**

Why is neighboring hard to do? Why do we need to do it?

What ordinary things can you do in your home to be a better neighbor if you are in an apartment, condo or own house?

### **What happens when we begin to pray for our neighbors?**

God opens a window in our brain and we begin to see things we didn't see before.

**God begins to teach us to love our neighbors more.**

Ephesians 1:18

1 Timothy 2:1

### **How to begin?**

1. First, pray for **yourself**
  - a. **Examination** (what are your reservations for loving them? What do you need to work through)
  - b. **Transformation** (pray that God expands your heart for your neighbors, that your compassion for them grows, that God give you eyes to see the needs of your neighbor and the resources to love them)

*Neighboring can stretch us. Loving those who are not like us takes a lot of maturity, sacrifice and courage.*

2. Second, pray for **specific neighbors specifically**

Matthew 5:43-45 A

Matthew 5:43-45 B

1 John 5:14-15

**Opportunities** (pray for bridges to know your neighbors)

**Intercession** (pray for the ones you know already so you can deepen your relationship,  
for the ones you don't so you can know their needs)

**Blessings**